

**Sample Program of Study – Four Years  
For the Athletic Training Education Program**

\* courses that MUST be taken during that semester  
to stay in the proper sequence

<i>Course Name</i>	<i>Course Number</i>	<i>Credit Hours</i>	<i>Total for</i>
<b><u>Freshman Year:</u></b>			
<b><u>Fall Semester</u></b>			<b>15</b>
English Composition I	ENGL 1101	3	
Foundations of Leadership	PSYC 1001	1	
Introduction to Philosophy	PHIL 1001	3	
* Principles of Biology I w/Lab	BIOL 1107 & Lab	4	
Survey of World History/Civilization II	HIST 1112	3	
Guided Elective	Elective	1	
<b><u>Spring Semester</u></b>			<b>16</b>
English Composition II	ENGL 1102	3	
Math	MATH 1101 or 1111	3	
Survey of World History/Civilization	HIST 1111	3	
* Principles of Biology II w/Lab	BIOL 1108 & Lab	4	
* Athletic Training I	ATEP 2335	3	
<b><u>Sophomore Year:</u></b>			
<b><u>Fall Semester</u></b>			<b>17</b>
World Literature I	ENGL 2111	3	
Foreign Lang (1001 level) / Public Speaking	SPAN/GRMN/FREN/COMM 1110	3	
* Human Anatomy and Physiology I	BIOL 2250	4	
* Athletic Training I Practicum	ATEP 2335	2	
Intro. To Health and Physical Education	PHED 2000	3	
*Weight Training Techniques	PHED 3012	2	
<b><u>Spring Semester</u></b>			<b>17</b>
Wellness	PHED 1000	3	
Introduction to General Psychology	PSYC 1101	3	
American Government	POLS 1101	3	
* Human Anatomy and Physiology II	BIOL 2251	4	
* Athletic Training Internship I	ATEP 2001	1	
Foreign Language (1002)	SPAN/GRMN/FREN	3	
<b><u>Junior Year:</u></b>			
<b><u>Fall Semester</u></b>			<b>15</b>
* Critical Injury Management	ATEP 4465	3	
*Orthopedic Assessment I	ATEP 4336	3	
*Therapeutic Modalities	ATEP 3370/L	3	
*Exercise Physiology	PHED 4450	3	
*Lifeguard Training	PHED 3014	2	
*Athletic Training Internship II	ATEP 3001	1	
<b><u>Spring Semester</u></b>			<b>14</b>
* Orthopedic Assessment II	ATEP 4466	3	
* Therapeutic Exercise & Pathology of Injury	ATEP 3365/L	3	
* Kinesiology	PHED 4460	3	
* Cardio-Conditioning	PHED 3023	2	
* Athletic Training Internship III	ATEP 3002	1	
* Applied Pharmacology	ATEP 4469	2	
<b><u>Senior Year:</u></b>			
<b><u>Fall Semester</u></b>			<b>14</b>
* General Medicine in Athletic Training	ATEP 4467	3	
* Biomechanics	PHED 4480	3	
Community and Consumer Health	PHED 3395	2	
* Research and Design	ATEP 4470	1	
* Athletic Training Internship IV	ATEP 4001	1	
* Exercise Testing and Prescription	PHED 3380	3	
Guided Elective	Elective	1	
<b><u>Spring Semester</u></b>			<b>15</b>
* Athletic Training Capstone	ATEP 4468	3	
* Org. and Admin. of Athletic Training	ATEP 3468	3	
Guided Elective	elective	3	
* Nutrition	PHED 3305	2	
* Elementary Statistics	MATH 2400	3	
* Athletic Training Internship V	ATEP 4002	1	