

Academic Advisement Center

Athletic Training

*What
can I do
with a
major
in . . .*

Related Career Titles

High School Athletic Trainer
Strength & Conditioning Specialist
Massage Therapist
Fitness Consultant
Fitness Instructor
College/University Athletic Trainer
Coach
Sports Club & Resort Management

Sports Physical Therapist
Team Physician
Assistant Athletic Trainer
Personal Trainer
Teacher
Aerobics Instructor
Exercise Physiologist
Sports Dietician

Related Major Skills

Problem Solving
Working with People
Analyzing Injuries
Demonstrating physical stretches and rehabilitative movements
Motor Skills
Taping, Bandaging, and Stretching Athletes
Work well under stress
Operating modality machines and other training equipment
Deductive Reasoning Skills
Communication (inform proper nutrition & diet for athletes)
Referring athletes to appropriate physicians when necessary
Monitor rehabilitative programs
Maintain poise in emergency situations
Basic First-Aid and CPR Skills / Certification
Recording, organizing and storing information on injuries and rehabilitation
Proficient knowledge in anatomy, physiology and biology
Implement exercise & rehabilitation programs for athletes
Good judgment and decision-making

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<http://www.uncwil.edu/stuaff/career/majors/management.html>